

# A.J. Everhart

## UNIONTOWN CROSS COUNTRY

### INVITATIONAL

Uniontown High School would like to invite your team to the 32<sup>nd</sup> annual running of the **A.J. Everhart Uniontown Cross Country Invitational**. The race will be held on **Saturday, September 23, 2023** on the campus of **Penn State Fayette**. Both varsity races will consist of 7 runners, all other races will have no limit.

Race Schedule:           8:00-8:30       Walk course  
                                  8:30-9:00       Boys Jr. High Race (no limit)  
                                  9:00-9:30       Girls Jr. High Race (no limit)  
                                  9:30           Boys Varsity (7 runners)  
                                  10:00          Girls Varsity (7 runners)  
                                  10:45          Boys Junior Varsity (no limit)  
                                  11:15          Girls Junior Varsity (no limit)  
                                  12:00          Awards

Entry Fee:                \$150 (This one flat fee will pay for all races entered.  
                                  (The **lowest** fee of any invitational!)

Location:                Penn State Fayette Campus – Route 119, Uniontown PA

To Register:             Registration will be on line @ [penntack.com](http://penntack.com) or [pa.milesplit.com](http://pa.milesplit.com)  
                                  1. Go to CALENDAR at the top  
                                  2. Scroll down to 9/23 A.J.Everhart Uniontown Invitational  
                                  3. Registering now

Course Description:    A 5K course on all grass (spikes recommended) with rolling hills  
                                  on the grounds of the Penn State Fayette Campus. Each mile is  
                                  clearly marked.  
                                  Course records: Boys - 16:00, Girls – 18:56

Awards:                 **Trophies:** 1-10,  
                                  **Medals:** 11- 20 for both Varsity Races.  
                                  **Sweatshirts or t-shirts:** First place team.  
                                  **Medals:** Top 10 Jr. High and Jr. Varsity  
                                  **Team Trophies:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, Place Varsity Teams  
                                  **Trophies for top A, AA, and AAA teams.**

T-Shirts:                T-shirts and refreshments will be sold the day of the meet.

Sanctioning:            Each year the **A.J. Everhart Uniontown Invitational** is sanctioned by the NFHS,  
                                  Pennsylvania, West Virginia, Maryland, and Virginia.

See you September 23, 2023

For more information contact: Joe Everhart

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